

**Sanctuary of Hope
Program Booklet**





Welcome to Sanctuary of Hope

Welcome to Sanctuary of Hope! We are nonprofit that is dedicated to serving young adults 16-25 who are foster care, homeless, or at-risk. Our primary mission is to provide a caring and multi-cultural approach to services that will help young adults become self-sufficient and lead prosperous lives.

We are glad you chose to seek service from our program. We want to make your encounter with us a comfortable and pleasurable one.

We have created a guide for you to become familiar with our services and to give you direction on how to achieve independence. Please take time to review this packet and come back to it as a reference.

We know that you have some obstacles and challenges. We want to assure you that we can help you with overcoming those road blocks as long as you commit to being a partner with us.

We ask you that you help us help you. We urge each person to participate in life coaching, mentorship, workshops, and school supports. Most importantly, we want you to stay committed to

obtaining your goals.

We will be your source of guidance and will work with you to build self-reliance.

Information and Eligibility Requirements

Sanctuary of Hope provides:

- Life coaching and mentoring in the areas of financial literacy, communication, nutrition and health, education (higher education retention), and independent living.
- Emergency Assistance (e.g. transportation, food, or urgent need)
- College Access, Preparation, and Retention (e.g. academic counseling, scholarships, or school-related supports)
- Some Financial support based on need to help them stabilize in housing and focus on their educational aspirations based on need. (Financial supports can include 1st time move-in assistance, books, tuition, private tutor, or temporary partial rent assistance)

To be eligible for services and/or sponsorship, you must:

- Be willing to participate in life coaching and mentorship up to two years and sign a commitment letter to stay in school and secure a degree.
- Be a former foster youth or young adult who is homeless or at-risk between the ages of 18 and 25 for residential and higher education services.
- Enrolled in an accredited higher learning institution (college or trade school) part or full-time.
- Have part-time employment (minimum of 15 hours a week) or will secure employment within 120 days.
- Submit a one-page letter requesting support and how you can benefit from the services.

Any requests for housing and education services:

- Proof of valid driver's license and ID
- Proof of enrollment with an accredited institution and/or transcript that shows recent GPA information
- Proof of living situation (other requirements may apply)
- Verification of income or employment

Any request for emergency services require:

- Proof of a valid driver's license or ID
- Proof of school enrollment
- Proof of emergency need (e.g. disconnect notice, notice to vacate, etc.)
- Verification of income or employment
- Signature on a one-time assistance SOH acknowledgement

Emergency funding is based on the availability of funds and will not exceed \$500. Depending on the type of request, proof of additional financial commitment may be required.

For more information, contact Ramona Holland, Program Associate at Ramona.holland@thesoh.org or at 323-786-2413.

S.O.H GOAL SETTING SHEET

The best way to reach your aspirations is to set goals. Goals help us get to places in our lives. It's a great motivation builder and a key to success.

With this goals setting sheet, we want you to jot down some things you want to accomplish and how we can possibly assist you with achieving them.

Write down three goals that you want to accomplish from the shortest time to two years from now.

1.) What is the shortest goal you want to accomplish within 2 weeks? How can SOH help you achieve that goal?

2.) Where do you see yourself 6 months from now? How can SOH help you get there?

3.) Where do you see yourself a year to two years from now with the skills and help that SOH will provide you? _____

The Fostering Hope Program

The Fostering Hope Refuge Program is for former foster youth or at-risk homeless young people who need mentorship and guidance to remain stably housed and help with higher education retention. In the fostering hope program, you will receive care, guidance, and support to help you build self-reliance.

In this program, you will participate in life coaching, educational programs, and life enhancing workshops that will ultimately lead you to becoming a successful and independent young adult.

Your life coach and you will design your life aspiration plan. Below are examples, where you may get help:

Financial Literacy – Money management, banking, and credit.

Mainstream Benefits - Accessing and providing the correct documentation.

Records Attainment – Obtaining personal document such as birth certificates, social security cards, and identification cards.

System Navigation – Working with a life coach to navigate through various department and systems to assist you with having your needs met.

Nutrition- Preparing meals and eating healthy.

Education – Preparing college applications and personal statements, retrieving school records, and tutoring.

Workforce Development – Assisting you with obtaining and maintaining employment.

Determined by need and drive, you may receive financial assistance for your housing or education. Financial assistance require income, a personal commitment to stay in school and graduate from college or trade school.

S.O.H. Fostering Hope Program Commitment Contract

1. I will stay and school and work hard to graduate.
2. I will recognize my self-worth and will not let obstacles get in my way.
3. I understand that I am required to use good etiquette and present myself cordially and respectfully to others.
4. I will not engage in activities or misconduct that is harmful to me or others.
5. I understand that at times I may fail, but it is an opportunity to succeed.
6. I am not entitled to anything and will work hard to achieve the things I want and need for myself.
7. I understand that my eligibility for the Fostering Hope program is contingent on meeting program expectations. The expectations include:
 - a. Meeting monthly with my Fostering Hope Life Coach
 - b. Not jeopardizing my housing or education support by inappropriate conduct, violence, or damage to property
 - c. Following all program policies
 - d. Actively working on the goals outlined in my life aspiration plan.
 - e. Attending any other meetings/workshops scheduled regarding my participation in the program.
8. I understand that I will have a 30-day evaluation. If I am not meeting the goals listed in my evaluation, I understand that I will need to improve on them in the following 30-day period in order to be eligible for a designated financial assistance or additional services.
9. I understand that I will be evaluated after 3 months in the program for other education and housing options.
10. I understand that I may be required to commit to a monthly saving plan.

Printed Participant's Name and Signature

Date

S.O.H AGREEMENT

The role of S.O.H is to assist you in helping accomplish yours goals and setting out your plans for the future in a timely manner. By agreeing to participate in the Fostering Hope program, you are committing yourself to being mentored by a life coach, abiding by the program rules, and reaching your life aspirations.

We ask that you do your best, be respectful, and to be partner with us.

Your signature below indicates that we, here at S.O.H, have met with you, reviewed the program requirements and discussed your life aspirations. Additionally, your signature is an agreement to help yourself build self-reliance and to develop skills to live on your own.

Any financial assistance or services by Sanctuary of Hope is not permanent. You may receive financial assistance or support while funding is available and you fulfill your commitment to work hard, stay in school, and reach your goals. After every three months, you may be evaluated to assess your progress.

Our goal is to stabilize you and move you to permanent long-term housing.

Printed Participant's Name and Signature

Date

Sanctuary of Hope Staff Signature

Date